

96 Special Elective 2-Hour Workshops

Tuition: \$25; 5 for \$100

FRIDAY, AUGUST 8

9:00-10:50 AM

(12091) HEALING THE HEART WITH HYPNOTISM

—A Gentler, Kinder Way

Marie Beach, CH, CI *All-levels*

- Learn methods of getting referrals from cardiologists
- How the wounds of the heart can be healed through visualizations
- How the heart is an energy field encompassing abdomen, brain, and the soul
- Teach clients how to access the light within to create an electrical vibration to release emotional blocks

The heart affects every area of our life. It is the biggest killer in the Western world because of our culture's emphasis on success and competition. New research is demonstrating contrary to historical belief - the heart can regenerate itself. If the heart is renewable then love, forgiveness, compassion can heal it. And hypnotism, because of its power in harnessing the magic of imagination, is the single best tool to bring those emotions to life in order to heal and even transform. *Lecture/Exercises/Q&A*

(12092) HYPNOTIC CASCADES WORKSHOP—Learn Effective Hypnotic Induction Sequencing

Edwin M. Bebee, FNGH, CI, BCH, OB

Intermediate-Advanced

- Learn how to sequence the inductive process for your clients
- Understand levels within the inductive cascade
- Utilize pre-inductive, hypnotic, receptivity questions
- Develop the smooth integration of hypnotic inductive stages

Learn a specific process for assessing the progress of a client, patient, or subject who is achieving attainment of the hypnotic state. Obtain an easy to use listing of pre-hypnotic receptivity questions for assessment of your client's propensity for entry into the hypnotic state. Develop your ability to assess, evaluate, and record the responsivity of your clients in a manner which facilitates both ease of induction and effectiveness of the trance-ratification process. Dr. Edgar A. Barnett's three-stage descending metaphoric process will be explained and demonstrated with emphasis upon ease of integration with pre-hypnotic suggestions in inductive format. *Lecture/Experiential/Demonstration/Q&A*

(12093) HE WHO ANGERS YOU, CONQUERS YOU

—You Are Not Your Anger

Barbara J. Davison, RNC, BCH, CI *All-levels*

- Discover how to unmask hidden anger & ease feelings of depression, fear, and guilt
- Overcome old resentments and wipe the slate clean
- Recognize counterproductive work behavior
- Explore counterproductive methods for expressing anger
- Learn to choose effective anger responses

Explore the popular myth that "nice" people don't get angry; the 11 most common excuses to avoid expressing anger; crying, blaming, silence, denial-anger responses that don't work; love and anger - why they don't cancel each other out; sex and anger - how resolving anger helps overcome frigidity, impotence and more; depression and anger - why suppressing anger also blunts love, joy and excitement; the 5 basic steps of anger management. When we release our anger in a healthy way, we remove its power to hurt us and we can enjoy life with restored energy and confidence. *Lecture/Experiential/Q&A*

(12094) ESTEEM4TEENS - THE WORLD'S GREATEST

RESOURCE—Building Self- Confidence By Learning Positive Self-Talk

Charlene Ackerman, BCH, CI
and Stephen Tseng, CH, CI

All-levels

- How we can open the doors to begin offering a helping hand to our teens
- Offer guidelines for expressing themselves
- Allow the teens to see your vulnerability, therefore allowing a more open line of communication
- Introducing a 4-level program for building self-esteem in teens

Help teens to express themselves openly and freely in a safe environment. Offering an opportunity to freely express "Who am I?" "Who do I pretend to be?" We will discuss how to build self-esteem using a 4-hour or 4-week positive "self talk" format. Allowing the teens to witness your vulnerability helps create a safe open format for them to speak freely. They are given the opportunity to express what they like about themselves, to talk about their good qualities for a change. *Lecture/Discussion/Q&A*

(12095) ADD/ADHD CLIENTS AND YOUR EXTENDED ROLE AS A HYPNOTIST—Creating The Whole Package For Success

Roxanne Cortese, CH *All-levels*

- Experience what it is like to have ADD/ADHD
- Create a full behavioral package for the client and parents
- How to take this program into schools
- Make your practice the one they want to go to for help with ADD/ADHD

This workshop is for the parents, hypnotists, grandparents, and those who truly want use a totally different approach to ADD to make it easier for parents to work with their children. Learn how to change how you talk, respond, reward, create plans, and incorporate it with hypnosis. Be able to use this program with confidence immediately. Understand ADD/ADHD, plan a program, and execute all areas to be successful. *Lecture/Discussion/Q&A*

(12096) HEALING ASTHMA IN 3 TO 6 SESSIONS WITH LIFE MEMORY RECALL—A Research Study On Asthma, Hypnosis And Life Memory Recall

Norton Berkowitz, PhD *All-levels*

- Learn how to use the Live Memory
- Learn 7 techniques used to take people into Life Memory Recall™
- Receive a script for helping you find the trauma that has to be released
- View a live demonstration of how to use Live Memory Recall
- Receive a copy of the research data

The study is new asthma research using hypnosis. This study has shown great promise and with surprising results. The research study was conducted by Robert Silverstein, MD and Norton Berkowitz, PhD. The research project was to see if the effects of past trauma or negative circumstances has created or helped to create asthma in an individual. The participants were committed to one 2-hour session followed by three to six 1-hour weekly sessions. In this workshop, the results will be discussed as well as the procedure which made it possible to gain these results. Questions will be answered. He will also conduct a demonstration with a volunteer who has asthma. *Lecture/Demonstration/Q&A*

(12097) CHAKRAS—Beyond The Basics

Anne King, CH

All-levels

- Complete description and function of each chakra
- The drives behind each chakra
- The lesson each chakra holds
- Meditations for clearing and balancing the chakras & emotional states relate to our chakras
- Numerous techniques for using chakra methods

Move beyond the basics and explore 13 chakra points to help your clients overcome physical problems, clear up mental imbalances, and regain emotional control in their lives. A quality mini-manual with full-body diagram, detailed charts and the descriptions of several easy-to-use chakra clearing and balancing techniques will be provided to workshop attendees. Participants will also experience "A Journey Through the Chakras" meditation in which you will be asked pertinent questions to help determine blockages and release trapped energy.

Lecture/Q&A

11:00 AM-12:50 PM

(12111) HOLISTIC HYPNOSIS—JOURNEY TO THE HIGHER MIND—A Guided Session

Henry Leo Bolduc

Intermediate

- Brief history of Edgar Cayce's legacy
- Free poster of Cayce's Journey
- Understanding of "holistic"
- Benefit yourself and your clients

Edgar Cayce, Father of the holistic revolution, used self-hypnosis an average of twice a day for 43 years! His work opened doors to many professions and numerous schools of healing. Following Cayce's description, you will experience a guided session to the Hall of Akashic Records and receive guidance from your own soul's records.

Lecture/Experiential/Q&A

"Here you are able to find a diversity of workshops from which to enhance your professional needs and goals from techniques to marketing - well done!" —Joyce Mauer, Montclair, NJ

Questions? Call the NGH Office at (603) 429-9438

(12112) THE ALTERNATIVE WEIGH TO WEIGHT LOSS—Implement A Proven 4-Session Hypno-Behavioral Weight Loss Program

Adeline Kania, CH

All-levels

- Understand why emotional overeating is the #1 saboteur to weight loss efforts
- 3 empowering questions that will help to control emotional overeating
- Learn 7 keys to effective weight loss
- Help your clients to "imprint" a healthy new body image in their subconscious both through the power of hypnosis and utilizing "The Law of Attraction"

Adeline has combined hypnotic imagery with behavioral modification in her successful 4-session weight loss program. Her techniques have helped her clients create healthy life-styles, develop positive self-esteem, unplug their emotional appetites, shed pounds by controlling their cravings and, using hypnosis with the "Law of Attraction," to imprint a healthy new body image.

Lecture/Discussion/Experiential/Q&A

(12113) 51 WAYS TO STAND OUT—51 Low Cost/No Cost Ways To Promote Your Business Or Make Your Business Stand Out!

Roger Willard, CH

Introductory-Intermediate

- Have a toolbox of ideas to inexpensively promote your practice
- Learn to think outside the box in self-promotion
- Develop new ideas of your own

Come prepared to learn 51 ways to get your business known to the people you want to serve and to be remembered. At the speed of light, you will get ideas, methods, and other means to get names, services, and who and what you are, in the press, on the air, and out in the public in general. Best of all, learn how to do this at little or no cost to you. Ideas will come at you fast and furiously, so be prepared. At the speed of one new idea every two minutes, you will not want to miss a second. Some of the ideas will be things you've heard before but have forgotten, and you will ask yourself; "Why haven't I done that before?" Other ideas will just be plain old "Good Business 101" that a lot of people have forgotten. And still others will be somewhat different.

Lecture/Q&A

(12114) HYPNOSIS FOR STROKE—Healing The Body Through Mind In Hemiplegia

Babu Moses, PT, CH

All-levels

- Learn the causes of stroke
- Discover preventive hypnosis for stroke
- Analyze the various hypnotic techniques to heal the body, improve speech, and posture
- Explain various methods of hypnosis to increase the awareness of the affected side
- Master the release techniques to promote healing

Stroke affects more than 3 million Americans every year. The mystery of stroke is the part of the brain which holds the secret of restoring the power is accessible only by hypnosis. Hypnosis clears the negative energy. Special skills are needed to activate the part of the brain to prevent further damage and to enhance healing. Examine how to position the client to achieve the maximum benefits of hypnosis. Discover the proper breathing exercises to improve voice and speech. Learn techniques to connect balance, posture, speech, comprehension, and coordination of the affected side. Receive scripts to transform the minds of clients.

Lecture/Demonstration/Exercise/Discussion/Q&A

(12115) HYPNOSIS BEFORE, DURING, AND AFTER SURGERY—Preparing The Mind And Body For Surgery

Claire A. Tatro, CRT, CH

All-levels

- Use color to relax the client for surgery
- Prepare the body for removal of a part
- Methods to help client after surgery
- Facilitate rapid healing and pain control

Using hypnosis to relax the client before surgery has great benefits. We can calm their fears, enhance the immune system, and promote rapid healing. They need less anesthesia, have fewer complications, and heal faster. Suggestions to stop the bleeding and swelling during and after surgery are very successful. I recently had a client having a kidney transplant. The surgery was successful. It will be interesting to see if the suggestions for the body to work with drugs to stop rejection work. I will share my suggestions for women having in-vitro fertilization.

Lecture/Demonstration/Q&A

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(12116) SHAMANISM 101—What Every Consulting Hypnotist Should Know About Shamanism

Walter Stock, CH and Maureen Stock CH

All-levels

- Study the origins of shamanic practices and their connection to hypnosis
- Learn traditional procedures to induce altered states of consciousness
- Learn how to guide clients through shamanic processes
- Learn how to incorporate the above in an ethical modern practice

Much of what we do as consulting hypnotists closely parallels procedures which have been utilized for centuries in the practice of shamanism. There is no more powerful instrument in our toolbox than the client's own active imagination. Through practices such as shamanic journeying, clients who are open to such procedures can access new and potent resources from their own unconscious, while through soul retrieval, they can experience a new and unique form of parts work. In short, hypnotists today have much to learn from the past.

Lecture/Discussion/Demonstration/Q&A

2:00-3:50 PM

(12021) ANALYTICAL HYPNOTISM—A Protocol To Deal With The “Silent Client”

Pierre Benoît, CH

All-levels

- Feel more secure in working with the “silent client”
- Learn a specific protocol to use for regression with a “silent client”
- Learn how to use ideomotor signaling within this protocol
- Learn specific questions to use for an analytical hypnosis session
- Practice the protocol

What is a “Silent Client” and why does he remain silent? How do you help this type of client? You will learn a specific protocol, adapted from E.A. Barnett, MD, which provides the means to effectively help him or her. With this protocol, you will be able to use this type of method to create important and permanent changes in their lives.

Lecture/Discussion/Demonstration/Practice/Q&A

“A wealth of information, a gold mine of knowledge.”

—Carm Blacconiere, Melrose Park, IL

(12022) SELF-HYPNOSIS—Why, When, Where, And How

Robert Brenner

All-levels

- Understand how to teach your clients to go into hypnosis anywhere at anytime for as long as they want
- Learn several ways to give yourself powerful suggestions

This workshop will cover not only how self-hypnosis works but why it works so well. And you will get to experience this fast and simple way of entering hypnosis on your own.

Lecture/Demonstration/Q&A

(12023) HABITUAL SMOKING—Slaying The Three-Headed Dragon

Richard Kania, CH, LADC

All-levels

- Discover why nicotine is truly an addictive drug
- Understand the complex reasons for smoker's relapse
- Identify and address the three components of nicotine dependency
- Create a comprehensive and effective nicotine dependency recovery plan for long term success

Do hardcore smoking clients who keep relapsing and need more intensive sessions frustrate you? Learn a recovery-based nicotine dependency treatment model created by a licensed substance abuse clinician and former 3-pack a day smoker. Use the latest tools, strategies, and medical and holistic options that really work. Motivate, encourage, and help chronic long-term smokers.

Lecture/Demonstration/Q&A

(12024) DOWSING - “TUNING INTO YOUR INTUITION”—Instant Rapport & Appropriate Inductions Every Time

Dorothy Campbell, CH, CI

All-levels

- Become balanced and centered to allow the intuition to process
- Understand how to use dowsing rods to tune into intuition for practical, spiritual, and healing purposes
- Learn how to ask precise questions to receive accurate answers
- Understand how to locate and access the 4 energy fields

Using your intuition to become aware of your clients' energy allows you to build the positive connection with them that will make them comfortable, keep them coming back, and assist you in choosing the most appropriate induction. Learn how to locate and assess your clients'

energy fields and chakras to determine their physical, emotional, mental, and spiritual condition before they arrive for their session.

Discussion/Demonstration

(12025) DEVELOP AND PRESENT ADULT ED COURSES—4-Session Courses For Stress Control, Positive Thinking, Habit Change, & Self-Hypnosis

Michael R. Hathaway, FNGH, CH

All-levels

- Present a course outline to an adult ed program coordinator
- Locate space and market a course yourself if there is no existing adult education program
- Teach an adult ed course on Stress Control designed for four classes
- Teach an adult ed course on Positive Thinking designed for four classes
- Teach an adult ed course on Habit Change designed for four classes
- Teach an adult ed course on Self-Hypnosis designed for four classes

Be given the tools to teach four specific courses for adult education. Learn the benefits of participating in community based education courses and how these courses can help boost your business in private practice. Detailed outlines for each course will be reviewed, and marketing concepts will be covered. The basic concepts can be expanded to cover others such as Smoking Cessation, Creative Writing, Sports Imagery.

Lecture/Discussion/Experiential/Q&A

(12026) LAUGHTER THERAPY AND HYPNOTISM—Explore The Power And Healing Of Laughter

Raymond Mills-Johnson, PhD, CH

All-levels

- Learn that our five senses are not enough for living an ideal life - we need to use our sixth sense - humor
- Learn that humor is about not taking life so seriously
- Be shown how humor brings the balance we need to get through the turbulence of life more comfortably

Laughter is a powerful tool. Humor and laughter can foster a positive and hopeful attitude in our lives. We are less likely to succumb to feelings of depression and helplessness if we are able to laugh at what is troubling us. Using hypnosis to release our humor from within, we are able to let go of many of those uncomfortable emotions.

Lecture/Experiential/Q&A

To register, call (603) 429-9438

(12027) HOW TO EFFORTLESSLY ATTRACT AN ENDLESS SUPPLY OF CLIENTS—Finally Stop

Wasting Money On Advertising And Marketing That Doesn't Work
Craig Eubanks, CH *All-levels*

- 7 crucial components of ALL ads
- How to “attract” quality prospects
- Easy way to create killer headlines
- The 2 most important metrics for growing your business
- The 3 areas where all marketing mistakes can be found

Do you struggle to get new clients? 99% of the time the problem is marketing. Learn how to use Direct-Response Marketing to start increasing your sales...almost immediately. Learn the 3 areas where ALL marketing failures can be found. Discover how to create ads that bring in business instead of sucking money out of your pocket, and learn how to set up marketing systems you can turn on anytime you need more business.

Lecture/Exercises/Demonstration/Q&A

4:00-5:50 PM

(12041) THE RELATIONSHIP CODE—Restore The Bridge In Any Relationship

Debbie Papadakis, BCH, CI *All-levels*

- Discover how to free yourself from any past destructive relationships, by clearing cellular memories that hold past and present conflicts
- Learn to change any relationship by transforming the cords between two individuals attached to the Chakras
- Discover how to reprogram the memory to transform negative imprints and emotions into positive
- Gain information about the chakra system, and how to use this to transform relationships

The Relationship Code is a systematic combination of techniques which has been enhanced by incorporating it with the power of hypnosis, making it an even more powerful tool. Learn how to facilitate this very simple, yet powerful system to assist yourself and your clients in restoring the bridge and reprogram the dynamics of their relationships. This technique will help you heal the energy which, in reality, will successfully renew your relationships. Be guided step-by-step through the techniques needed to restore and renew the bridge in any of your clients' relationships.

Lecture/Demonstration/Experiential/Q&A

(12042) 35 WAYS TO SUCCESSFULLY MARKET YOUR PRACTICE—Turbo-Charge Your Practice

Theodore Robinson, BA, JD, CH *All-levels*

The title says it all. These 35 unique ways of marketing a hypnotism practice will give you additional dynamite ideas and ways to bring more people into your practice easily and at very little expense.

Lecture/Q&A

(12043) CEREBROSPINAL FLUID TECHNIQUE AND HYPNOSIS

Dorothy Kerzner, CH *All-levels*

Experience the role of the cerebrospinal fluid in the spine and how it effects the nervous system, the meridians, and the nerve plexuses that correspond to the major chakras. This technique looks for impedance to CSF flow from the coccyx to the top of the cranium at every single vertebral segment. Many CSF recipients have a spiritual experience, deepened relaxation, sense of healing energy, and are receptive to hypnosis on a physical, mental, emotional, and spiritual level.

Lecture/Demonstration/Participation

(12044) PROGRESS BY REAPING REWARDS OF POWERFUL POWERPOINT PRESENTATIONS—Build Your Hypnotism Business While Entrancing Your Audience

Ernest VanDenBossche, BCH *All-levels*

- Learn equipment needed and costs
- How to build your presentation with a powerful outline
- How to use images and sounds to enhance your point and blend your conversations
- Make a quick and easy equipment setup
- Look up-to-date, technical, and professional

Imagine yourself standing in front of a large group and they are applauding your spectacular presentation. Show outlines and images with PowerPoint that create interest, intrigue, and information while producing a professional impression of you and your business. Show people that you care and will provide them ways to implement success. Let people know that you mean business by going the extra mile. Progress into the future with the technology of today.

Lecture/Demonstration/Q&A

(12045) THE POWER OF REJUVENATION THROUGH HYPNOTISM—Passport To Progress Into A Renewed Life

Angelina Ahumada, CH *All-levels*

- Learn the secrets to contact the subconscious for cellular rejuvenation
- Be able to integrate a simple guideline for achieving personal goals, which will aid for continued rejuvenation
- Learn to neutralize the effects of environmental hazards which produce aging
- Be able to make your own induction tape to enable you to reach and activate the cells

Learn how body, mind, and spirit works to rejuvenate. Understand the secrets to contact the unconscious & subconscious mind through effective suggestions. Exercises using power of prayer and hypnotic induction to eliminate negative emotions and produce positive behavior. Guided session to forgive and release attachments which disrupt natural emotional flow. Be anchored through NLP techniques to higher levels of consciousness for rejuvenation.

Lecture/Demonstration/Experiential/Q&A

(12046) ADVANCED HYPNOSIS FOR WEIGHT LOSS—Go Beyond The Script For Maximum Results

Calvin Banyan, BCH, CI, FNGH *All-levels*

- Learn how to go way beyond common script-based weight loss
- Find out what you can do before the session to greatly increase success
- Learn how to remove the emotional drive to overeat and gain weight

Cal Banyan is a master at using hypnosis for weight loss, and has not only helped his clients but has personally lost over 60 pounds using many of the techniques. He will give away the secrets that will enable you to go way beyond the written script and learn how to work with some of the most difficult weight loss clients. He will share with you what you need to do to customize each session for maximum benefit for the client's weight loss success!

Lecture/Discussion/Q&A

“Come learn from some of the best names in the field of hypnotism.”

—Paul Gerst, Rice Lake, WI

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(12047) INSTINCT, IMPRINTS, CONDITIONING, "KNOWING" —Early and Powerful Accelerated Learning That Usually Prevents Accelerated Learning

Frederick Duncan III, DAy, CH *All-levels*

- 4 Types of Instincts, Imprints, not just for ducks anymore!
- Just how much behavior is imprinted
- 5 types of imprints
- Imprint Vulnerability

For a teacher, hypnotist, healer, coach, parent, or student to understand something of instincts, imprints, conditioning, and "knowing" opens up myriad of possibilities in helping clients "learn" a new behavior. Teaching, coaching, and hypnosis simply are "teaching" and/or revealing to clients more constructive behaviors that they haven't been using. Sometimes all it takes is the awareness to make profound changes. *Lecture/Q&A*

7:00-8:50 PM

(12071) WORRIES MANAGEMENT —A Tool For Recruiting Clients To Your Practice

Pedro Ezequiel Rodriguez, CH, CI *All-levels*

- Teach a Worry Management Seminar to general public
- Learn how you can recruit clients for your hypnotism practice and self-hypnosis course by introducing hypnosis with a soft approach during the seminar
- Be able to identify marketing opportunities that will show up during the program

This workshop is focused to teach how to identify worries and how the worry process works. By knowing it, you will be able to evaluate and distinguish between healthy and unhealthy worries, making the healthy worries work for your success and dealing with the unhealthy worries in an effective manner. This program is conducted in two different modalities, one is focused to general public and the other is focused to teach you how to use the program to help prospects/clients cope with their worries creating an open gate to introduce hypnosis. Experience the program by yourself, creating a strategy to cope with your more immediate worries. Receive additional material and instructions to implement the seminar in your community and how to use it as a client recruiting tool. *Lecture/Exercises/Q&A*

(12072) 7 PRISTINE ASSUMPTIONS OF THE HYPNOSIS GREATS—The Core Beliefs & Assumptions You Need To Hold In Order To Have Outstanding Success With Your Clients

Chris Halbohm, CH *All-levels*

- Learn 7 perfect assumptions the hypnosis greats have held
- Express your new, useful beliefs without saying too much!
- Get your client to respond to you predictably every time
- Give them a reason to want more!!
- Become an excellent model for what you're teaching them

The greatest hypnotists of all time have held certain core beliefs about themselves, their clients, and about human nature that made them excellent hypnotists! Many of these are very simple, yet hardly ever acknowledged. Learn them, too. Discover the very magical thing that happens the very MOMENT that you begin to hold these new thoughts and beliefs. Don't be surprised if this completely changes your success rate and even the energy at your office! *Lecture/Discussion/Demonstration/Q&A*

(12073) GROUP SESSIONS OF ANY SIZE MADE EASY

Philip Holder, CH *All-levels*

- Organize & promote group sessions
- Conduct effective group pre-talks
- Conduct a group intake and format a great group session
- Induce hypnosis with groups - small or large (5-500 makes no difference)
- Develop private clients from group participants and referrals
- Turn your group sessions into a powerful marketing tool (free advertising, etc.)
- Do great group inductions

Groups are great fun and a fantastic way to promote your practice. Groups are a great source of income, exposure, advertising, and networking. Learn how to book group sessions, get free advertising for your practice, and develop new private clients. Philip will show you how to create excitement about and interest in your hypnotism practice. You will also learn quick and effective group induction techniques. *Lecture*

"Great energy, great people, tons to learn!"
—Lisa Mills, Seattle, WA

(12074) CONDUCTING AFFORDABLE WEIGHT LOSS GROUPS—How To Manage 150 Clients A Week In Groups

Norman Posner, BCH, CI *All-levels*

- Explain a mainstream balanced diet program
- Explain and demonstrate hypnosis as a diet tool
- Review with each client in the group on his/her weekly success or his/her diet problems
- Do an induction, deepening, and imagery
- Give each client, during hypnosis, personalized diet suggestions

A HOW-TO method for conducting weekly weight loss group sessions using hypnosis to control hunger, curb the triggers and desires for fried foods, salty foods, sugared sweets, and whatever specific problems the individual has. Script suggestions will be presented based on the experiences from our Centers in MD and PA over the past 25 years. Some secrets and tools of the trade will be shared. Affordable group rates keep clients returning weekly.

Lecture/Demonstration/Q&A

(12075) BECOME A GOLF GURU —Mental Exercises To Improve Your Golf Game

John Weir, BCH *All-levels*

- Learn how to use anchors to enhance swinging, putts, and confidence
- Learn powerful visualizations to enhance course performance
- Learn techniques to overcome negative thinking on the course
- Learn how to create unbreakable focus and think like a professional
- Learn how to implement these skills in your practice and make more money working with golfers

Athletes will tell you that all sports are 90% mental and this is especially true in the game of golf. All the best golfers in the world have learned to harness the power of their minds to enhance their performance on the course. This session will teach you the inside secrets of the pros. Learn how to create unbreakable focus, make more putts, play with confidence, and swing flawlessly. Enhance your game today through hypnosis.

Lecture/Demonstration/Q&A

"It's getting better each year!"
—Mark Frate, Allentown, PA