

181 Expert Seminars

No Additional Charge
Included With Your Convention Fee

SATURDAY, AUGUST 9

7:00-7:50 AM SEMINARS

(21071) YOGA EXERCISE

Dorothy Kerzner, CH

All-levels

Begin your day relaxed and in control with stress-reducing, easy movements for body and spirit. Attendees should wear comfortable clothing and bring a towel to sit on. *Experiential*

(21072) GOOD MORNING HYPNOSIS—The “OAR” Method - Hypnosis To Open, Absorb And Retain

Lisa Hubler, CH and Dale Jaffe, CH

All-levels

This short session and opportunity for trance demonstrates the powerful influence and value of starting the day with hypnosis. The convention presents unique challenges of focusing attention on a wide variety of topics for many hours of the day. Fully utilizing the subconscious mind at deeper levels will improve the quality of active involvement and retention of the subject matter. *Lecture/Experiential/Q&A*

8:00-8:50 AM SEMINARS

(210801) THE 7 LAWS THAT CREATE SUCCESS

Erika L. Duffy, CH

All-levels

We will discuss the 7 Universal Laws that affect our lives both consciously and unconsciously and cause us to facilitate the creation of our being, whether it is a life of comfort and pleasure or a life of dis-harmony and disease. We will be discussing how to live in harmony and let these laws work through us to create the life we desire and so richly deserve. *Lecture/Discussion*

(210802) WHY WOULD A MEDICAL DOCTOR BE INTERESTED IN HYPNOSIS?—Bridging The Gap Between The Medical And Hypnotism Professions

Nathalie Fiset, CH, MD

All-levels

A certified hypnotist and medical doctor offers you clear and complete tips for your initial contact with medical doctors and their “gate keepers.” You will learn how to offer hypnotism as a valuable option for their patients. You will also discover how to build a lasting collaboration so that medical referrals are a common part of your hypnotism practice. *Lecture/Q&A*

(210803) ATTACK SENSITIVE SUBSTANCES ASAP—Immediate Relief For Sufferers

John Gatto, BCH

All-levels

The technique that John uses in his practice has proven successful over and over again. Clients immediately smile with the easily identifiable results. Learn his “Subconscious Substitution” method that educates and programs the subconscious mind to asymptomatic acceptance of certain former symptom-producing stressors that have plagued the clients for long periods of time. *Lecture/Demonstration*

(210804) STRESS MANAGEMENT

—What to Do When Your Buttons Get Pushed

C. Roy Hunter, CH

All-levels

Regardless of what we do to prevent stress, some people still manage to push our buttons. Clients wishing to manage weight or quit smoking often backslide when stress buttons are pushed; so the investment of a session in stress management is valuable to most clients. Roy will explain the concept as he does to clients, and then, will facilitate a group session. *Lecture/Experiential/Q&A*

(210805) PASSPORT TO BECOMING WHOLE: INTEGRATING YOUR PARTS—A Quicker, Easier Way To Resolve The Conflict Between Parts

Joan Bowley

All-levels

Parts Integration is an effective method for creating wholeness and producing results people want in their lives. Parts Integration works on the premise that Parts have a common purpose, when the need for a belief or behavior associated with each part disappears, conflict is dissolved and goals can be attained. *Lecture/Exercise/Demonstration/Q&A*

(210806) ADDRESSING SEX AND LOVE ISSUES

David Quigley, CH

All-levels

Obsessed about sexual pleasure or romantic fulfillment? Depressed or anxious about the “status” of your love relationship (or lack of relationship)? Learn common warning signs of sex and love issues and how to solve this debilitating problem. *Lecture/Q&A*

(210807) REAL MEDICAL HYPNOSIS MADE SIMPLE—Hypnotic Techniques In Everyday Practice

Seth-Deborah Roth, CH, CI, CRNA

All-levels

Learn how to use simple hypnosis techniques in everyday medical situations in the hospital, the medical office, and in medical emergencies. Situations will be demonstrated and/or discussed along with matching hypnotic techniques. You will take away scripts you can start to use and build upon immediately. *Lecture/Demonstration/Q&A*

(210808) HOW TO TEACH THE ULTIMATE STRESS WORKSHOP—Increase Cash Flow, Build Client Base, Become The Local Expert

Ardean Calloway, CH, CI

All-levels

If you'd like to generate more income, build your client base, and become known as the expert in your field but fear of public speaking has been holding you back, then this seminar is for you. Ardean will share with you simple yet effective methods for developing and delivering a dynamic stress management workshop that is guaranteed to add greater prosperity and credibility to your practice. *Lecture/Discussion/Q&A*

(210809) OPTIMIZE YOUR LEARNING STRATEGIES—NLP Tools To Power Up Your Skills

Barbara Johnson, CH

All-levels

Everybody learns - just not always how, what, when, and as rapidly as they would like. In our world of rapid change, optimal learning strategies increase effectiveness and lessen stress. Learn to elicit basic NLP elements of your own or your clients' learning strategies at their best (often at play), contrast it to their time of need, and use your hypnosis skills to give a choice to adopt a more useful strategy at will. *Lecture/Discussion/Q&A*

(210810) TARGET THE PROBLEM AND INITIAL SENSITIZING EVENT (ISE) WITHIN MINUTES

Gisele Leduc, CH

All-levels

Ever have a client who wants to feel better about life but doesn't know what the problem is? Or one who brings a list of problems but doesn't know where to start? By using a combination of NLP, Waking Hypnosis, and Affect Bridge techniques, you will target the problem successfully within minutes even if the client doesn't know what the problem is. *Lecture/Demonstration/Q&A*

(210811) MULTIPLE SCLEROSIS, HOW WE HELP?**Boris Opancha, MS, BCH***All-levels*

Low self-esteem, depression, anxiety, fear, frustration, and anger are common responses. Many people also experience sleep distortion, disturbance, emotional lability, pain and fibromyalgia, panic attacks, irritability, distractibility, poor concentration, and a loss of interest in activities. These can be treated with the complement of hypnosis. *Lecture*

(210812) HYPNOSIS AND THE CONSERVATIVE CHRISTIAN—Why A Conservative (Bible Believing) Christian Can Trust Hypnosis**Lee Pelletier, CI***Introductory-Intermediate*

There are some Christian communities that have an incomplete understanding of hypnosis and how it helps them. Learn how to positively interact with local clergy and turn them from adversaries to allies. The key will be to earn and maintain their trust by showing respect for their belief system. An important element will be ways of keeping the distinction between religious belief and positive hypnotic outcomes clear. *Lecture/Q&A*

(210813) THE 3 C'S OF STAGE HYPNOSIS SUCCESS—College – Corporate – Cruise Ships**Brian Dean, CH***All-levels*

Now you can learn the inside secrets to performing Stage Hypnosis at Colleges, Corporate Events and Cruise Ships. This class will teach you how to locate, book and perform your show in each of these lucrative markets. You will discover how to create the proper marketing materials and structure your performance for optimum success. *Lecture/Q&A*

(210814) TUNE IN TO YOUR AKASHIC RECORD —Explore Your Record Of Thoughts And Actions Over All Your Lifetimes**Norma Lent Auerbach, CH***All-levels*

Access your Akashic Record and visit with your guides/angels for insights and sources of strength and inspiration. Enjoy a guided group experience, a fascinating journey back in time as you tune into your own Akashic Record. Visit the great temple and explore your record of thoughts and actions, conscious and subconscious. Learn to use this valuable tool and add a new dimension to your personal life and your professional practice. *Lecture/Experiential/Discussion*

9:00-9:50 AM SEMINARS**(21091) HYPNOCLUTTER™ —A Growing Use Of Hypnosis****Beverly Taylor, CH, CSC, CLP***All-levels*

Fifteen percent of the population (over 40 million people in the United States) suffer from what the Professional Organizers call "Chronically Cluttered" and psychologists call "Compulsive Hoarding". Beverly created a highly successful program that easily brings clients for at least 3 to 6 sessions, and they are very grateful to keep coming! She introduces you to this arena and the most important secrets of her success for optimally working with cluttered people. *Lecture/Q&A*

(21092) CHAKRA BALANCING & ENERGIZING INDUCTION**Richard Sutphen***All-levels*

Balance and energize the chakra centers as part of a hypnotic induction, expand your client's aura and attune them to the subtle vibrations that allow the enhancement of subjective awareness. In Sedona, AZ, Dick could always get at least ten-percent higher psychic responses from seminar participants than he could in any other city. Once he created this induction, the response percentages come up to the Sedona level. If you use it, you will immediately sense a difference in sessions such as past-life regression, remote viewing, soul retrieval, and any form of psychic exploration. *Lecture/Discussion/Q&A*

(21093) SUPER-CHARGE YOUR EMOTIONAL STATE —Feeling Really Good About Yourself And Life**Charles Curtis, BCH and Nancy S. Curtis, BCH***All-levels*

When your energy level is drooping, your last session didn't go the way you wanted, or you're down and discouraged about how things are going, you're not at your best. How do you bring your enthusiasm and optimism back online? Come and experience how to pump up your energy level, get in touch with positive feelings, and get back in positive appreciation of how good life can be. *Lecture/Demonstration/Exercise/Q&A*

(21094) 7 POWERFUL KEYS TO DIRECT SUGGESTION SUCCESS—Learn The Secrets To Achieving Success With The Most Difficult Clients!**Gerald F. Kein, FNGH, BCH, CI***All-levels*

Using these simple techniques developed by Gerald Kein, you will learn how to achieve a very high success level utilizing direct suggestion for issues that would normally require a regression/abreaction approach. Jerry will teach these little known methods which will induce harmony to the conscious and subconscious minds. The techniques can be applied to any direct suggestion issue with great effect. Utilizing these easily learned secrets will greatly enhance the session outcome. *Lecture/Demonstration/Q&A*

10:00-10:50 AM SEMINARS**(21101) YOUR CLIENTS WANT THE MAGIC, THE WOW, THE HYPNOTIC PHENOMENA!!!—Why You Want To Use Hypnotic Phenomena Such As****Amnesia, Hallucinations, Age Regressions, Age Progressions, Analgesia, etc. In Your Practice****William Mitchell, CH, CI***All-levels*

Clients come to a hypnotist for the Wow, the Magic! The hypnotic phenomena is the Wow, the Magic that allows clients to make powerful breakthroughs! Too many hypnotists induce trance and hope the subconscious will benevolently do something helpful. As a result many clients do not think they were hypnotized and fail to achieve positive outcomes. Your business and reputation will grow dramatically when you learn to use powerful and relevant hypnotic phenomenon. *Lecture/Demonstration/Q&A*

"I look forward each year to the NGH Convention - the learning and networking is super! I go home charged up!!" —Katherine Lorensen, Middlebury, CT

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(21102) THE ANCIENT SCIENCE OF HUNA —Hawaiian Healing & Psychology

David A. Frederick, CH

All-levels

Learn about the 3 levels of consciousness, the 3 levels of life force energy, the 2 AKA bodies and how to direct MANA for healing through the HA Rite and a water cure. Learn about an ancient science of healing. Amazing!

Lecture/Demonstration

(21103) BUILDING YOUR FIRST HYPNOTISM PRACTICE—For NGH Graduates

Georgina Cannon, CI, MNLP

Introductory-Intermediate

Almost no money? No office? No clients? But are you willing to roll up your sleeves and build a successful hypnotism business? This series takes you backstage into the lives of successful hypnotists at the very beginning of their careers. Each shows you specific low-cost/no-cost strategies that ignited their success from the first month in business.

Lecture/Q&A

(21104) RAPID INDUCTIONS FOR STAGE AND OFFICE - CHILDREN & ADULTS

—Rapid Inductions That Never Fail

Harvey Hunt, CH

Introductory-Intermediate

Learn rapid inductions that will give you many options for different types of clients. Rapid inductions allow you to know and understand where your clients are, and allow you more time to work with them. Rapid inductions will work well with clients that are analytical such as doctors, engineers etc. Several types of inductions for children of different ages, and stage induction techniques are demonstrated for those who are considering stage work.

Lecture/Demonstration/Q&A

11:00-11:50 AM SEMINARS

(21111) NGH BOARD CERTIFICATION EXAMS —The Questions You Ask

Shaun Brookhouse, BCH, CMI, OB, FNGH
and Maurice Kershaw, MA, FNGH

All-levels

Becoming a NGH Board Certified Hypnotist distinguishes that individual as a skilled practitioner in the field of hypnotism and one who possesses the highest degree of proficiency among his peers. It is a truly meaningful certification. Two members of The NGH Certification Board will provide general information to those who qualify to sit for the examination. They will provide instruction on the requirements necessary, explanation of the testing process, discuss the benefits of this professional recognition, and the level of hypnotism skills and practice experience the Board will assess.

Introduction/Lecture

(21112) "ROSEBUD": BECOME THE CITIZEN KANE OF THE INTERNET—How To Publish A Professional-Quality Virtual Magazine

Ralph Benko, BA, JD

All-levels

Is there a subject about which you are passionate? Do you have something interesting to say? Can you say it in interesting ways? If so, you might be a perfect candidate for publishing a magazine online. Create an audience for yourself and your colleagues, to reach thousands, even hundreds of thousands, of readers. Use it to express yourself, have fun, learn and teach, enhance your stature, promote your practice, and influence the outcome of future presidential elections.

Lecture/Q&A

(21113) CHAKRA HYPNOSIS—Using Ancient Wisdom To Link Hypnosis With The Subtle Body

Marcel Klasen, BCH, CI

All-levels

Chakras are energy centers that run up the spine to the crown of the head, linking electromagnetic bodies to the physical. By using specific hypnotic techniques, you can receive thoughts, ideas and insights from outside your own frame of reference using the chakra system as a framework. Interpreting a client's energy flow can be the missing link in helping a client transform his/her life.

Lecture/Experiential/Demonstration/Q&A

NOON-12:50 PM SEMINARS

(21121) THE RX FOR HYPNOSIS AWARENESS IN THE MEDICAL COMMUNITY—RN Demonstrates How To Get The Medical Community Calling You

Wendy Packer, CH, CI, RN

All-levels

Suggestions will be made on whom to contact to facilitate the education process in your community. Learn about scientific and peer review articles in specific medical specialties so you can show the doctor how beneficial hypnosis can be. Learn the importance of documenting testimonials from clients giving doctors the opportunity to see how hypnosis can lessen symptoms and improve conditions.

Lecture/Discussion/Q&A

(21122) ARE STANDARDIZED TESTS MAKING STUDENTS SICK?—Help Students Of All Ages Pass Tests With Better Scores

Sandra Bemis, CH

All-levels

More and more state exams are being implemented in our schools and children are being pressured to perform well in a test environment. These children are getting physically ill in class due to stress. Learn how to conquer test anxiety. This knowledge will take children all throughout life and give them power that is needed in today's hectic and stressful society.

Lecture/Demonstration/Q&A

(21123) SUREFIRE WAYS TO DRIVE TRAFFIC TO YOUR WEB SITE—What's The Point Of Having One If Nobody Can Find It?

Carol Denicker, BCH, CI

All-levels

If you have a website, but it isn't getting the number of visitors you'd like, there is a lot you can do to stimulate traffic. Learn quick and easy techniques that are free or inexpensive ways to increase your web site traffic. I will share with you what I do to get top search engine ranking, so you can do the same. Simple techniques, simply stated.

Lecture/Discussion/Q&A

1:00-1:50 PM SEMINARS

(210101) APPLICATIONS OF SOUL STATE HYPNOSIS—Decision Making And Learning For Everyday Life

Morrin Bass, BCH, CI

Advanced

Discuss the benefits of integrating Soul State hypnosis into your practice. Skills that are necessary for successful client work, specific examples, client case studies, applications of Soul State self-hypnosis for everyday life, setting goals for the day or for a period of time, establishing a direction, creating ways to work decisions into your life will all be covered.

Lecture/Discussion/Q&A

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(210102) EXPAND YOUR EXTRA-SENSORY PERCEPTION—It Will Add Great Enjoyment To Your Hypnotism Practice And Your Personal Life!

Barbara Dryden-Masse, CH *All-levels*
Whether for your hypnotism practice or your personal enjoyment, come and truly explore and experience the specific types of ESP and psychic abilities. Discover and own your most powerful ESP and psychic modality. Strengthen and expand your ESP with hypnosis. *Demonstration/Participation/Q&A*

(210103) BUILDING YOUR FIRST HYPNOTISM PRACTICE—For NGH Graduates

Larry Garrett *All-levels*
Almost no money? No office? No clients? But are you willing to roll up your sleeves and build a successful hypnotism business? This series takes you backstage into the lives of successful hypnotists at the very beginning of their careers. Each shows you specific low-cost/no-cost strategies that ignited their success from the first month in business. *Lecture/Q&A*

(210104) EMOTIONAL INTELLIGENCE—Understand The EI Revolution In Business And Learn How To Present World Class EQ Presentations

Beryl Comar, MA, MEd, CH *All-levels*
An international Emotional Intelligence Development Specialist shares the basics of a field of business that is growing and should include you as hypnotists. Learn the basics without reading the hundreds of books on the market. Learn key concepts in EQ. Understand how EQ, NLP and hypnosis are linked. Present a successful EQ training in an organization. *Lecture/Demonstration/Q&A*

(210105) FEARLESS PUBLIC SPEAKING —Learn How Being A F.E.A.R.™ Based Speaker Can Make You A Fearless Speaker!

C. Devin Hastings, CH, CI *All-levels*
As a hypnotist, your job is to persuasively reach as many people as possible with your message. Being an accomplished speaker will help you in two important ways: (1) You will help others while; (2) You are paying your bills and becoming more prosperous. Learn how to give persuasive, profitable and award winning presentations. *Lecture/Experiential/Q&A*

(210106) THE DREAM TIME —The Australian Aborigine Trance State

Lee Pascoe, BCH, CI, FNGH *All-levels*
Lee will share her experiences of growing up “Down Under,” with amusing and strange aspects of the Aussie way of life. Also look at the “original” Australians, the Aboriginal people, with their tribal life, beliefs, art, sacred rituals, and ancient mysteries. Bring a gemstone, crystal, or other precious object and take away a bit of Million-Year Magic. *Lecture/Exercise/Q&A*

(210107) INTRODUCTION TO THE ENNEAGRAM —Overview Of Applications To Hypnotism

Joan Reese, JD, CH, CI *All-levels*
The Enneagram is a dynamic growth-oriented system and self-discovery tool. It provides a way to manage stress, resolve conflicts, enhance performance, and more. Get an overview of the potential of this tool and the potential for your using it to enhance hypnotism essentials. *Lecture/Discussion/Q&A*

(210108) THE HORMONAL DANCE OF HEALTH —A Guide For Women’s Well-Being

Beth Keil, CH, RN *All-levels*
Hypnotists are in a great position to help women in optimizing their health. By understanding the role of hormones, the causes and impact of imbalance, you will understand how you can assist women in being and staying healthy. Taught by a maternal health nurse with over 20 years experience, this seminar is designed for you to move beyond the fundamentals. *Lecture/Discussion/Q&A*

(210109) ELIMINATING TEST ANXIETY —Tap Into A Huge Market Of Students That Do Very Well Until They Face A Testing Situation

Kevin Linehan, CH *All-levels*
There is nothing worse than knowing all the answers and not being able to get to them when the time comes to test that knowledge. Excellent students can go into finals with an A in the course and leave with a C simply due to his/her inability to respond effectively to the testing process. For a number of reasons, standardized testing can be even more difficult for some to manage. *Lecture/Demonstration/Q&A*

(210110) BUILDING RAPPORT SKILLS TO INCREASE CLIENTS & RESULTS —Become Successful Through Rapport

R. Robert Saviola, CH *All-levels*
Would you like your clients to be eagerly succeeding with your hypnosis program to gain your approval? Have your clients rushing to tell others how great it is to be hypnotized by you on a regular basis. You can increase your client base, referral rate, and profits all by becoming the rapport master. Make friends with anyone you meet instantly. Have people crowding around you to learn more because they enjoy you. *Lecture/Q&A*

(210111) SEED MONEY—Attracting Abundance Into Your Life: Material, Spiritual, Friendship, And Love

Ramona Garcia, CH and Marlene Monnar *All-levels*
Thirty years ago, Ramona started handing out blessed quarters and everyone who received one began to experience unlimited prosperity and abundance in their lives. One woman received a check for \$15,000 within 24 hours of receiving a “zapped quarter.” Other blessed quarter examples include a car, a new job, a much needed scholarship, and even a trip around the world. Be lead through a step-by-step achievement of reaching your self-suggestive hypnotic states and teach you the most effective anchoring techniques. *Lecture/Demonstration/Exercise/Q&A*

(210112) HYPNOSIS AND GENIUS —How To Raise Your IQ

Jeanette Laitner, CH, CI *All-levels*
Discover a way to raise your IQ through the power of hypnosis. Learning ways to improve your creativity will enhance your ability to write scripts for your clients and improve your practice. Learn steps that can be taken to increase eight different intelligences. There will be exercises given to increase your mental ability. *Lecture/Exercises/Q&A*

Questions? Call the NGH

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(210113) DESTRUCTIVE TRIGGERS - HEALING TRIGGERS—Eliminate Cravings, Urges, And Obsessions

Anthony DeMarco, LLB, BCH

All-levels

The subconscious mind must be befriended, beseeched, commanded, de-programmed, and re-programmed with among other hypnotic techniques, Pavlovian-style triggers, and Jungian symbols that counterbalance and overcome the old, learned, harmful stimuli. Get further insights into the workings of the subconscious mind and the collective unconscious, the elevation of consciousness and several effective triggers to use to combat cravings, urges, obsessions. *Lecture/Demonstration/Q&A*

2:00-2:50 PM SEMINARS

(21021) HOW TO PREPARE A WINNING CONVENTION PROPOSAL—Strategies For 2009

Elsom Eldridge, Jr., MEd, CPC, CPMC

All-levels

At times hypnotists with important programs may be overlooked because of poorly prepared proposals. But, just what does it take to create a proposal that sells itself to the Convention Committee? In this informative seminar, Convention Director Elsom Eldridge, Jr. unlocks secrets to successful seminar and workshop proposals. Get the inside scoop. *Lecture/Discussion/Q&A*

(21022) A NEW, MORE POWERFUL AND PERMANENT METHOD OF DOING SMOKING CESSATION —Learn The Secrets To Solving The Smoking Puzzle™! Discover New Concepts That Will Change The Way You Approach Smoking Cessation

Garrett G. Buttel, CH

All-levels

The Solving the Smoking Puzzle™ is an exciting approach to smoking cessation. Learn that in addition to nicotine and habits, there are many other significant pieces to the puzzle which must be cleared for permanent results. The total 3-hour program includes multiple inductions, stress management, emotions management, self-hypnosis instruction, and new understandings of what is going on. *Lecture/Experiential/Q&A*

(21023) BUILDING YOUR FIRST HYPNOTISM PRACTICE—For NGH Graduates

Drake Eastburn, BCH, CI and Lynsi Eastburn, BCH, CI

All-levels

Almost no money? No office? No clients? But are you willing to roll up your sleeves and build a successful hypnotism business? This series takes you backstage into the lives of successful hypnotists at the very beginning of their careers. Each shows you specific low-cost/no-cost strategies that ignited their success from the first month in business. *Lecture/Q&A*

(21024) MILLIONAIRE MIND: THE HYPNOTIC ROAD TO WEALTH

Kevin Hogan, CH

All-levels

Is there really a hypnotic road to wealth consistent with your highest ethics and complete integrity? Learn the key factors of developing the Millionaire Mind. Learn to accelerate the process with hypnotic techniques. Discover the biggest mistakes others make in attempting to create a mindset for wealth, and how you can avoid them all with a simple checklist. Finally, discover the secret of implementation. *Lecture/Q&A*

3:00-3:50 PM SEMINARS

(21031) A NEW DYNAMIC NLP TECHNIQUE FOR MOTIVATION—How To Get People To Take Action

William Horton, PsyD, CADC, CMI

All-levels

Why is it so hard to get clients to take the action that they came to you for? Why do they self-sabotage their success? After 20 years and 20,000 clients, Dr. Wil Horton will reveal a breathtaking new technique that you can use to get your clients (or yourself) to do what needs to be done. Exercise, eating correctly, finishing a project, learn the secret to action. *Lecture/Demonstration/Q&A*

(21032) FREE AND INFORMATIVE ADVERTISEMENT—Newsworthy Articles To Promote Your Hypnotism Business

Colleen Stone, CH

Introductory-Intermediate

Brainstorm with fellow hypnotists about what actually makes our business newsworthy, complete the handout form that will assist you in composing your newsworthy article for publication and learn other ways to market yourself. When people realize we use the subconscious mind to help individuals heal from almost anything relating to emotions, amazing things happen! *Lecture/Discussion/Exercises/Q&A*

(21033) MANIFESTING THROUGH GUIDED IMAGERY—Bringing Your Dreams to Life!

Valerie Starr, CH

All-levels

Whatever the mind can conceive can be brought to be! This is an undeniable truth known to hypnotists. This seminar will inspire you to fine-tune your guided imagery skills in such a way as to bring your dreams and desires into manifestation in your daily life and in your work. The techniques are simple and highly successful. *Lecture/Q&A*

(21034) INTERACTION WITH THE MIND IN THE ESDAILE STATE—Researching The Mind

Ines Simpson, BCH, CI

Intermediate-Advanced

Learn how to interact with the subconscious at the Esdaile (Hypnotic Coma) level. In the past, little has been known about what is happening in the client's mind. We now can interact with the client with two-way communication. A whole new area of thought is open now and only you can imagine where it could take the work you do now. Much more research in this area needs to be done. *Lecture/Discussion/Q&A*

4:00-4:50 PM SEMINARS

(21041) ASSESSING ADULT CHILDREN OF ALCOHOLICS/FIRST THINGS FIRST —Progress Not Perfection

Mary Beth Prosapio, BA, CI

All-levels

One out of every seven drinking age adults suffers from alcoholism. Since alcoholism is a disease of the entire family, children who were raised with it have some disturbing issues in their adult life. These issues may be sabotaging your efforts to alleviate their presenting problems. Learn how to recognize and overcome the phenomenon. *Lecture/Q&A*

To register, call (603) 429-9438

**(21042) THE ANSWERS LIE WITHIN
—Your Client Knows Better Than You****Peter Blum, CI, CH****All-levels**

How can we empower our clients by helping them to help themselves? The keys are humility and respect for your clients' innate wisdom. When we know what to look for and listen for, and how to direct our clients' attention, they may walk away feeling that they healed themselves. And who is to say different?

*Lecture/Demonstration/Discussion/Q&A***(21043) STANDING ROOM ONLY
—Becoming An Outstanding Hypnotist****Salvatore A. Campagna, CH****All-levels**

Learn how to get to core problems more rapidly and become know as the "Standing Room Only" hypnotist. There are 5 basic fears that underlie most of the more specific fears that affect people. These "core" fears include: fear of abandonment/isolation; fear of rejection/ embarrassment; fear of losing control; fear of death/injury; and fear of confinement/being trapped. The rapid discovery of these "core" fears and their resolution will assist you toward becoming a "SRO" hypnotist.

*Lecture/Demonstration/Exercises***(21044) HYPNOTIC REJUVENATION
—How To Live Long Without Getting Old****Gloria Constantas, CH****Introductory-Intermediate**

Can hypnosis affect the aging process? Deepak Chopra says the most common signs of aging are caused by a widespread social hypnosis. So if the signs of aging are based on hypnosis, it makes sense that hypnosis could slow them down or perhaps even reverse them. It has even been suggested that some of the signs of "old age" may really be signs of extended stress. So at the very least, hypnosis can be used to reduce stress.

*Lecture/Demonstration/Discussion/Q&A***(21045) POSITIVE PSYCHOLOGY
—What Is It & Why You Need To Know About It****Bob Reese, PhD, CH****All-levels**

The new field of Positive Psychology is growing rapidly. It is the most popular course at Harvard averaging 800 students a semester. Popularly referred to as the Psychology of Happiness, Positive Psychology moves away from the pathology paradigm that has entrapped the field and shows what actions lead to well-being, to being a positive individual, and towards making life worth living. Do you think this new direction might enhance your practice?

*Lecture/Q&A***5:00-5:50 PM SEMINARS****(21051) TEACHING SELF-HYPNOSIS IN GROUPS
—Make Money And Inform, While Publicizing Your Practice****Lee Pascoe, BCH, CI, FNGH****Introductory-Intermediate**

The best way to build up a clientele is to get yourself known as an expert. Teaching a self-hypnosis class not only establishes you as a credible professional, but at the same time you remove the fear of hypnosis, educate the public, create rapport with the audience, and actually make money for yourself instead of paying out for expensive publicity. Lee will take you step-by-step through a 6-hour course, to be presented over 2 or 3 separate sessions.

*Lecture/Exercise/Q&A***(21052) TREATING SLEEP ISSUES WITH HYPNOSIS
—Latest Research... Newest Ideas... Most Advanced Techniques****Bernard Yam, CI, FNGH****All-levels**

Most people ask their hypnotist, "Can you just make me sleep with hypnosis? Because I haven't been getting any sleep lately!" The fact, is we don't know enough data about sleep biology nor the physiology of hypnosis. At the same time, sleep research is quickly becoming one of the hottest fields in medical research. With the newest available knowledge on sleep biology and evidence based hypnosis, we are able to achieve 100% success rate with sleep problems at our clinic.

*Lecture/Discussion/Q&A***(21053) SUBLIMINAL SYMBOLIC HYPNOSIS****Horia Nita, BCH, CI, CH****All-levels**

Understand your emotions. Feel the sensations which the energetic symbolism induces in you. Realize the diversity conception and approach between the emotional hypnosis and the suggestion one. Understand the hypnotic induction mechanism using the symbolic signs. Know how to defend and how to attack to overturn the situation, the relational rapport. You will see and somebody will feel the benefits of the hypnotic induction using the energetic symbolism.

*Lecture/Demonstration/Experiential***(21054) PASSPORT TO PEACE - THE CLEARING
INDUCTION—Learn Two Clearing Inductions,
Release Negative Energies...Open The Way To
Peace****Patricia Pearson, CI****All-levels**

Every client entering our office secretly wants the same thing...PEACE. Peace is more than freedom from a physical or emotional condition. But PEACE is elusive when negative images fill the mind. Clearing discharges heavy emotions and opens the door to PEACE. Learn 2 powerful clearing inductions that release negative energy. Experience a Clearing - a prerecorded, full sensory experience that immediately increases power and creativity. When clients get what they really want...referrals follow. Included: A Clearing Booklet with 2 Clearing Scripts

*Lecture/Demonstration/Q&A***(21055) CREATING WITH INTENTIONS
—For Your Clients And Yourself****Lisa Halpin, BCH, CI****All-levels**

What are your intentions? Whether conscious or unconscious, our intentions (and our client's intentions) affect outcome. Maybe you've heard about the concept of the "law of attraction" or Dr. Wayne Dyer's book *The Power of Intention*. In this seminar, you'll learn how to use this powerful energy to improve your work with clients and how to involve your clients in the process. You'll also get an introduction on how you can use intentions to benefit your practice and your own life! Further resources for study will also be provided.

*Lecture/Visual/Q&A***Please note:**

An important notation below the seminar or workshop description indicates what technique the presenter is using and would include at least one of the following: Lecture, Discussion, Demonstration, Q&A, Participation, Experiential and Visual.